

Create an Eat First area



Choose cash over trash by using up the food you have. Making an Eat First area in your fridge will help you keep track of food that needs to be eaten quickly.

Use these labels on a bin or part of a fridge shelf to designate your Eat First area. Cut out the label that works best for you!



Label for an Eat First bin

Label for kids or creative types to color and customize



Label for a fridge shelf

